

Harriet McGuffie Fitness

Opening

From July 25th

6.30am

The wait is over!!

We will be opening our classes again from Saturday 25th July.

To make everything as clear and easy to follow we have put together a Re Opening guide for you to read through.

This covers all the measures we have put in place, so you get the best workout possible in the safest environment.

Time to get down to business!

BEFORE BOOKING YOUR CLASS

If you feel unwell or have had any symptoms linked to covid do not come into the studio. We will reduce our cancelation policy to 4 hours before class until further notice.

Keep your distance!

The studio has undergone a professional deep covid clean by NW Climate Anti-Viral Fogging. The studio has also been sanitized and re painted throughout.

We have provided several sanitiser stations throughout our two studios.

Please follow all social distance signs placed around the studio. There will also be a one-way entry and exit system in place.

Toilets are in use

Please come ready and dressed in your workout gear.

Once signed in go directly to the socially distanced que

Class/PT

Arrive NO earlier than 10 minutes before class.

ALL classes are 45 mins.

**The 15 mins remaining time is to allow people to leave and studio
to be sanitised.**

Please sanitise hands on arrival and exit to the class.

Existing customers

**All class passes have been frozen, and your package will be
honoured.**

Any queries please email hi@harrietmcguffie.co.uk.